# DECONSTRUCTING THE WISCONSIN CARD SORT TEST: Investigating Cognitive Impairments in Schizophrenia using Eye Tracking

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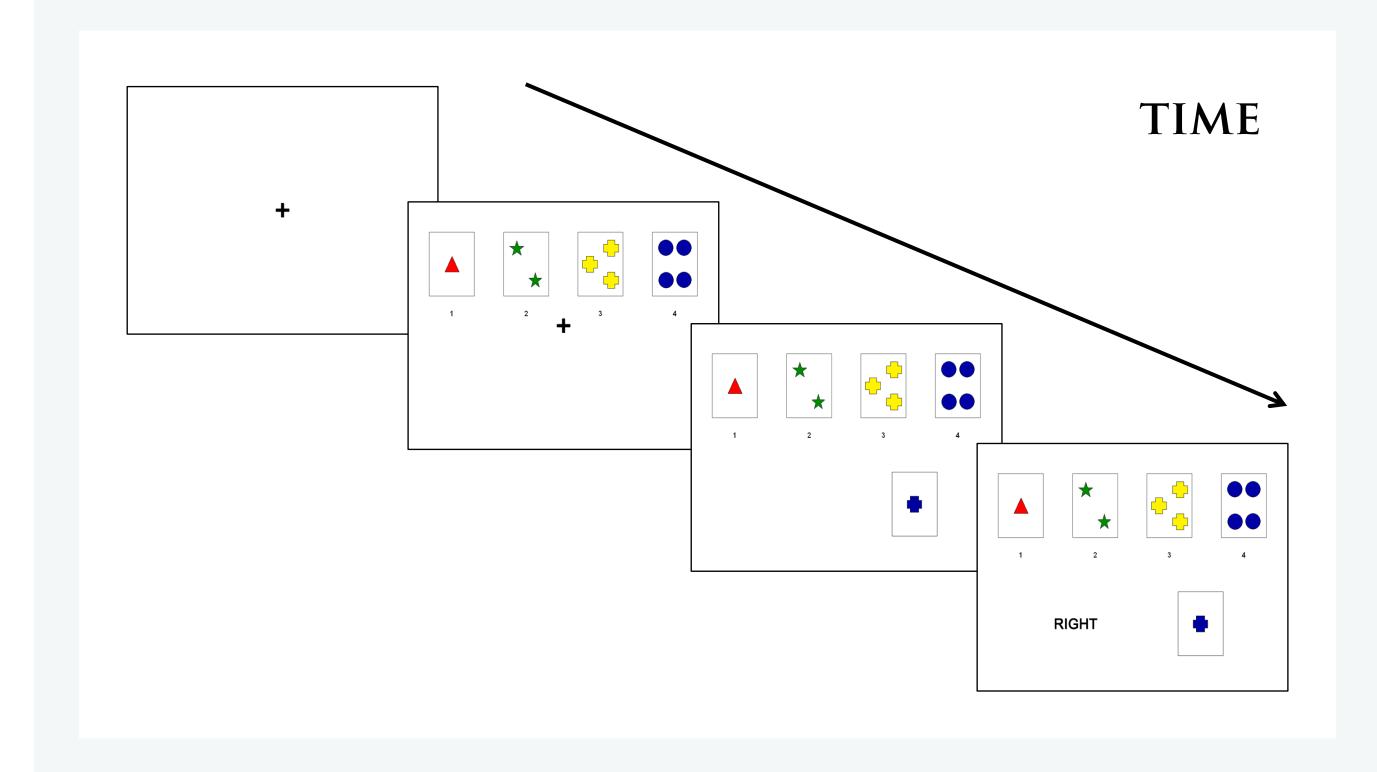
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# INTRODUCTION

- Schizophrenia (SCZ) is a disorder characterized by perturbations in cognition, affect and behaviour, with pervasive and stable cognitive deficits closely associated with poor functional outcomes (Bowie & Harvey, 2006).
- > SCZ-related cognitive impairments have been associated with poor performance on the Wisconsin Card Sort Test (WCST), a task that reliably discriminates individuals with SCZ from both healthy and clinical controls (Grant & Berg, 1948; Hans et al., 2010).
- Although known for its sensitivity to executive functioning deficits, the WCST is limited in its ability to measure distinct cognitive processes (Heinrichs & Zakzanis, 1998).
- Utilizing eye tracking while performing this test can provide us with an unobstructed insight into real-time visual and cognitive processes (Elahipianah et al., 2011; Rayner, 1998).
- > The current study employed eye tracking technology to delineate cognitive impairments that drive poor performance on the WCST for individuals with SCZ.

# METHODS

- > Structured diagnostic interview (SANS / SAPS for SCZ group, MINI for control).
- Computerized WCST.
- > SmartEye eye tracking system, 120Hz sampling rate.

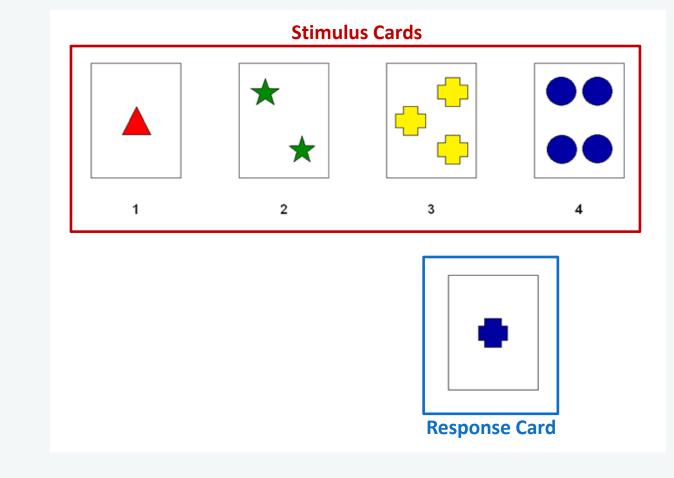


# MEASURES

#### **Variables of Interest**

- > Accuracy: percentage of correct sorts.
- > <u>Fixations</u>: average number of fixations within an area of interest.
- Perseverative Error: persisting with a previous sorting strategy even when presented with negative feedback.

#### Areas of Interest



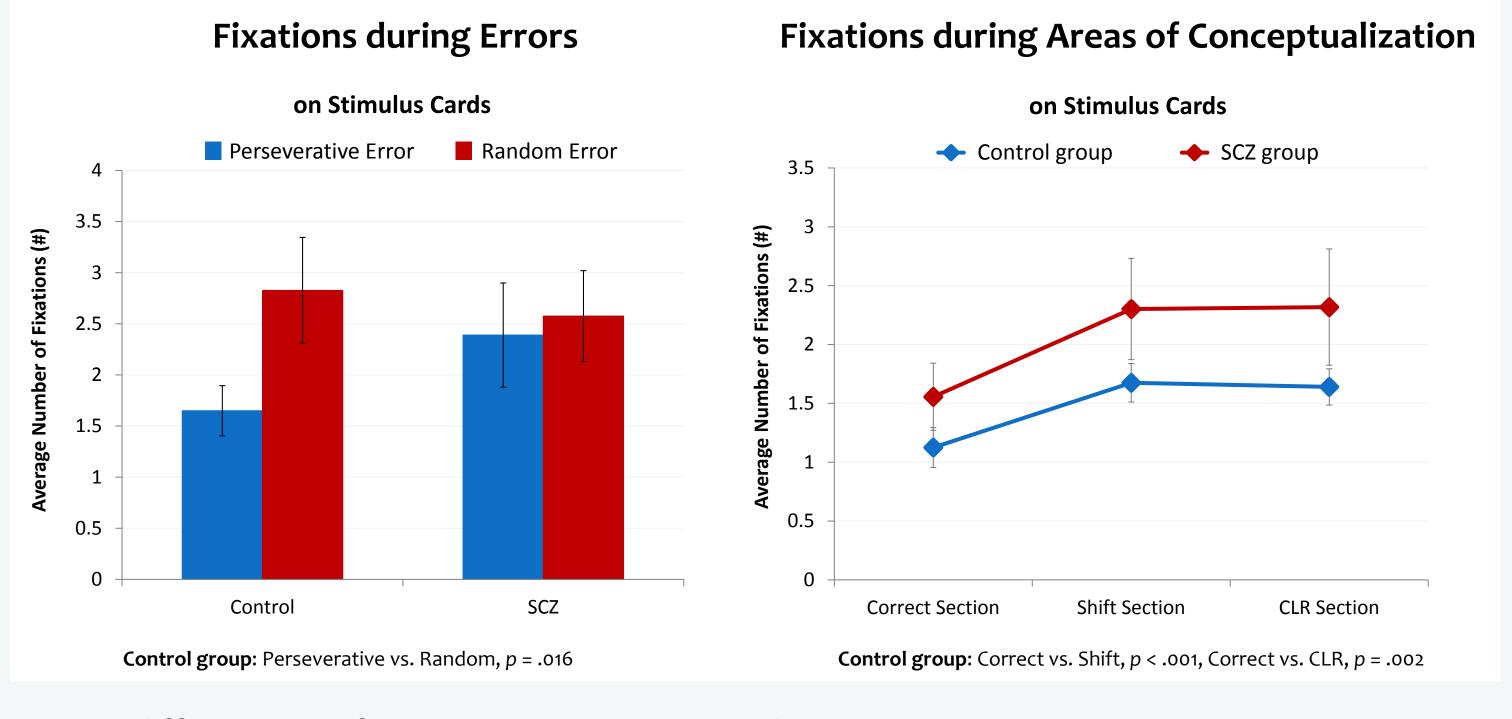
#### **Areas of Conceptualization**

- > <u>Correct Section</u>: the last five cards correctly sorted directly before a shift (representative of a well-established set).
- > <u>Shift Section</u>: the first three cards directly after a shift (representative of the need to achieve a new set).
- Conceptual Level Response Section: the first three cards correctly sorted directly after a shift (representative of the achievement of new set).

# RESULTS

Demographics	SCZ group (n = 20)	Control group (n = 19)	р
Age	42.2 <u>+</u> 13.4 years	49.2 <u>+</u> 11.8 years	.12
Education	13.8 <u>+</u> 2.6 years	14.6 <u>+</u> 2.6 years	·33

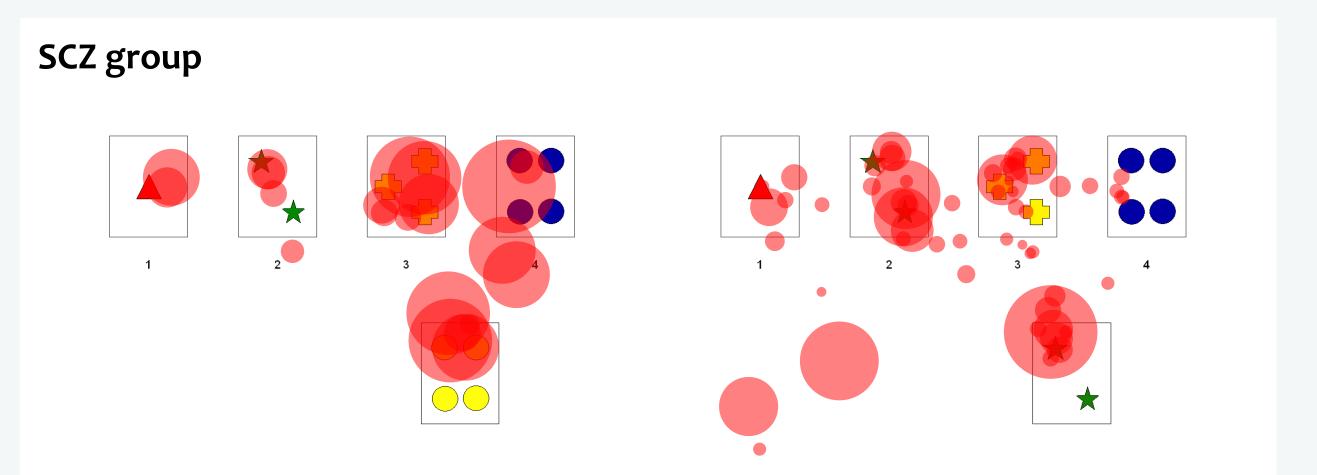
- > SCZ group: positive symptoms M 0.7  $\pm$  SD 0.7, negative symptoms M 1.9  $\pm$  SD 0.9.
- > Accuracy: SCZ group M 66.4  $\pm$  SD 18.9 %, Control group M 83.7  $\pm$  SD 7.6 %, p = .001.



No differences in fixations on Response Card.

# FIXATION MAPS

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# CONCLUSIONS

- > Individuals with SCZ performed significantly worse on the WCST than controls: higher percentage of errors, longer reaction times and larger number of fixations.
- Individuals with SCZ displayed rigidity in effortful planning during perseverative errors compared to controls.
- > Individuals with SCZ also displayed deficits in appropriate attentional shifting in different areas of conceptualization compared to controls.

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